



YES YES YES

Yes Yes Yes is as much a bar as a restaurant, brimming with great energy, created for all food lovers. Restaurant's speciality is a piping hot tandoori oven in the open kitchen and the focus on bar dining (and drinking). Located in a former McDonald's, serving food that happens to be vegetarian.

Kitchen open
Tue-Thu: 16.00-22.00,
Fri: 16.00-23.00
Sat: 12.00-23.00

VEGE & VEGAN

Iso Roobertinkatu 1, 00120, Helsinki, +358 9 61285130, www.yesyesyes.fi, IG: @yesyesyeshelsinki



SIS. DELI+CAFE

We offer a wide range of delicious & healthy choices. We serve a daily breakfast buffet in addition to a wide range of coffees, specialty drinks, salads, soups, dishes and sandwiches, many of which are vegan. We serve our clients locally-sourced, nourishing and energizing ingredients as our menu varies through seasons.

Open
Kalevankatu:
Mon-Fri: 07.00-18.00
Sat-Sun: 09.00-17.00

Korkeavuorenkatu:
Mon-Fri: 07.00-19.00,
Sat-Sun: 09.00-16.00

Kalevankatu 4, 00100 Helsinki, +358 10 422 9301

Korkeavuorenkatu 6, 00150 Helsinki, +358 10 422 9302, www.sisdeli.fi, IG: @sisdelicafe



Vege Shirt

Organic & Vegan Friendly Clothing

WWW.VEGESHIRT.COM



ONDA

Onda is located in the heart of Kallio neighbourhood in an old match factory. Onda is the best place to go and enjoy good food and a laid back atmosphere. Specialized in dairy free & gluten free foods with a large variety of vegan foods too! Open for brunch, lunch, dinner & late night food.

Open
Mon - Thu: 11.00-21.00
Fri-Sat: 11.00-22.00

VEGAN FRIENDLY

Hämeentie 13 B Helsinki 00530, +358 440660530, www.ondaruokala.fi, IG: @onda_siltanen



TACO BELL

All of Taco Bell meals and items can be modified to vegan, just choose your protein as Pulled Oats*, and then leave out cheese, sour cream and nacho cheese sauce out. Our recommended dish is of course our special Vegan Burrito Meal (8,75 €) or Vegan Burrito (5,90 €).

Open
Kalevankatu:
Sun-Tue: 10.00-00.00
Wed-Sat: 10.00-05.00

Tennispalatsi:
Opening in April

Kalevankatu 2, 00100 Helsinki & Tennispalatsi, Fredrikinkatu 65, 00100 Helsinki, www.tacobell.fi, IG: @tacobelluomi



ROBERT'S COFFEE GELATO FACTORY

Our very own gourmet ice cream is hand made in the heart of Helsinki. We continuously develop new and exciting flavors together with our customers. Yes - we are bold enough to claim that we make the most delicious Vegan ice creams you have ever tasted. But don't take our word for it, come and see for yourself.

Open
Mon-Fri: 11.00-20.00
Sat: 11.00-19.00
Sun: 12.00-18.00

Aleksanterinkatu 21, 00100 Helsinki, +358 50 4676686, www.robertscoffee.com/gelato-factory,



SANDRO

Family-friendly restaurant with a warm and welcoming atmosphere in a cosy but cool setting. Legendarily famous for our brunches, we serve a North African-Middle Eastern inspired fresh menu rich in flavours.

Open
Kortteli:
Mon-Wed: 11.00-22.00, Thu-Sat 11.00-23.00,
Sun: 12.00-20.00
Kallio:
Tue-Thu: 11.00-22.00, Fri: 11.00-23.00,
Sat: 12.00-23.00, Sun: 12.00-16.00
Kortteli, Kamppi shopping center, 5th floor Urho Kekkosen katu 1, 00100 Helsinki, +358 9 6128 5171

Kallio, Kolmas Linja 17, 00530 Helsinki +358 9 6128 5151, www.sandro.fi IG: @sandrorestaurants



PUTTE'S

Situated at the heart of the city center, Putte's Bar & Pizza serves excellent pizza in a cozy and vibrant atmosphere. Open every day serving pizza from lunch til late with an all vegan salad bar with pizza & soup at lunch from Monday to Friday. On weekends the downstairs club caters varying club nights.

Open
Mon-Thu: 11.00-24.00
Fri: 11.00-03.00 (kitchen open until 1.30)
Sat: 11.00-02.00 (kitchen open until 1.30)
Sun: 12.00-24.00
Lunch Mon-Fri: 11.00-14.00

Kalevankatu 6, 00100 Helsinki, +358 10 2818243, www.puttes.fi, IG: @puttes_barandpizza



JUST VEGE

Just Vege offers the best falafel in town & is always fried to order. With a large vegan menu including burgers, pitas, salads & meze plates there's more to Just Vege than just falafel. Casual food open until late.

Open
Mon-Fri: 11.00-23.00
Sat: 12.00-23.00
Sun: 13.00-22.00

Vaasankatu 15, 00500 Helsinki, +358 44 9897444, www.justvege.fi, IG: @justvege.fi



HOLIDAY

Holiday Bar is a buzzing restaurant, bar & terrace in Katajanokka. A former warehouse next to the presidential palace turned into a Helsinki hotspot. Holiday Bar serves modern veggie dishes and approachable seafood, super fresh drinks, soft ice and the sunniest terrace in town.

Open
Wed-Thu: 17.00-23.00
Fri-Sat: 17.00-late
Kitchen open: Wed-Sat until 22.00

Kanavaranta 7, 00170 Helsinki, +358 9 61285121, www.holiday-bar.fi, IG: @holidaybarhelsinki



ATELJÉ FINNE

Located near Temple Square Church in Kamppi. Authentic Finnish tastes are priority in our restaurant's kitchen, serving Finnish handmade food using the best seasonal raw materials in this light Scandinavian interior which was formerly the studio of famous Finnish sculptor Gunnar Finné (1886 - 1952). Pop in for a treat of modern Finnish cuisine.

Open
Mon-Sat: 17.00-23.00
(kitchen closes at 21:30)

Arkadiankatu 14, 00100, Helsinki, +358 10 281 8242, www.ateljefinne.fi, IG: @ateljefinne



MAKERS

Chill out in our relaxed cafe where we use fresh, organic & local produce where possible. We specialize in gluten free foods with an emphasis on vegan cuisine.

Open
Mon-Fri: 08.00-20.00
Sat-Sun: 10.00-17.00

Heikkiläntie 10, 00210 Helsinki, +358 40 3608808, www.makerskahvila.com, IG: @makerskahvila



JACKIE

Jackie in Punavuori district serves beats & pizza in a relaxed yet classy interior inspired by 60s Italian lounge & 70s French cosmic disco. From late lunches and summer season's sunny terrace hours to late night lounging and letting your foot loose to the soundtrack of the weekend selected by established DJ's.

Open
Tue-Wed: 16.00-24.00 (kitchen 23.00)
Thu: 16.00-02.00 (kitchen 23.00)
Fri: 11.00-03.00 (kitchen 01.00)
Sat: 12.00-03.00 (kitchen 01.00)
Sun: 12.00-23.00 (kitchen 22.00)

Iso Roobertinkatu 21, 00120 Helsinki, +358 40 135 1782, www.jackie.fi, IG: @jackiebarhelsinki



PONTUS

Restaurant Pontus is a cozy neighborhood bistro and wine bar in Ullanlinna district serving antipasto, salads, pizza with other oven baked dishes and vegan tiramisu. Open every day for dinner and drinks in a warm and relaxed atmosphere. Pop in for a midway bite between the city centre and seaside or have a take away to one of the nearby parks.

Open
Mon-Thu: 16.00-23.00
Fri-Sat: 16.00-01.00
Sun: 16.00-23.00
Kitchen closes one hour prior to the closing time

Kapteeninkatu 26 00140 Helsinki, +358 40 7759656, www.avintolapontus.fi, IG: @ravintola_pontus

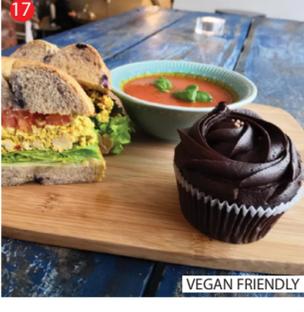


BUN 2 BUN

Premium 100% Vegan burgers made with the revolutionary Beyond meat patties. Bun2Bun is Finland's first official beyond meat restaurant, and offer the best vegan burgers in Helsinki.

Open
Kamppi:
Mon-Fri: 10.00-21.00 Sat: 10.00-22.00 Sun: 12.00-19.00
Redi:
Mon-Fri: 10.30-21.00 Sat: 10.30-19.00 Sun: 12.00-18.00

Kamppi Shopping Center, Urho Kekkosen katu 1, 00100 Helsinki, +358504750347
Redi Shopping Center, Hermanni rantatie 5, 00580 Helsinki, +358504750351, www.bun2bun.fi, @bun2bunburgers



BROOKLYN CAFÉ

Opened in 2011 by two sisters from Brooklyn. Everything served in the cafe is homemade with love at their bakery down the street, best known for authentic New York bagels and cupcakes but also serves fresh smoothies, salads, soups and waffles!

Open
Mon-Fri: 07.30 - 19.00
Sat: 09.00 - 17.30
Sun: 10.30 - 17.30

Fredrikinkatu 19, Helsinki 00120, +358 45 173 1771, www.brooklyncafeandbakery.com, IG: @brooklyncafeandbakery



RAW N MORE

Serving gluten free & vegan sweet and salty raw treats made with the highest quality ingredients that are locally sourced where possible.

Open
Wed-Fri: 12.00 - 18.00
Sat: 12.00 - 17.00

Lauttasaarentie 4, 00200 Helsinki, +358 10 581 7171, www.rawandmore.fi, IG: @rawnmore



LOVING HUT

100% Vegan Asian food buffet, all you can eat for 10,80e. Including spring rolls, sushi, hot and cold dishes.

Open
Mon-Fri: 11.00 - 18.00
Sat-Sun: 12.00 - 18.00

Kolmas Linja 17L1, Helsinki 00530, +358 45 1886992, IG: @lovinghuthelsinki



VEGAN HELSINKI TOUR GUIDE

Wouldn't it be great to have a guide & map to help you find vegan dining experiences easier? Well that's what we thought, so we made this, for you & everyone wondering where to fill up on the next delicious vegan meal.

If you're looking to cook some vegan treats yourself, then every single Helsinki supermarket offers a huge range of vegan ingredients, from dozens of different vegan cheeses to all kinds of vegan protein you really will be spoilt for choice when shopping for vegan food in this great vegan city.

Looking for a cozy relaxing meal or something fast? We've compiled a list of some of our favorite vegan & vegan-friendly restaurants in Helsinki, and there's sure to be something for everyone. For more vegan tips on Helsinki, follow us on Instagram @veganhelsinki

Thanks for picking up this guide and we hope you enjoy your vegan tour of Helsinki.



@Veganhelsinki